

MIRA SORVINO MAY BE IMMORTAL

THE ACTRESS TALKS BBC AMERICA'S "INTRUDERS." PAGE 10

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'Neverland' has never seemed better

PAGE 11

HOME



Put together a registry with really great gifts

PAGE 12

There's also a new app for your appetite

PAGE 14

App keeps it Classy



Community. Mike MacLean, 34, has developed a free iPhone app that allows students to sell books, electronics and other items at Boston University, Harvard, Northeastern and Babson, where the app is being piloted. PAGE 02

MacLean says he developed the app in response to a feeling among students that sites like Craigslist are hard to use and "creepy." / NICOLAUS CZARNECKI, METRO



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New app offers classy way to sell your stuff

Boston. Creators say their new mobile app will help students dodge questionable Craigslist transactions.

Local college students embarking on the upcoming school year won't have to deal with shady Craigslist meetups to buy and sell textbooks, furniture, gadgets and other dorm essentials, according to the creators of Classy, a new mobile app that launched Monday.

The free iPhone app, founded by UMass-Boston graduate Michael MacLean, will be piloted at Boston University, Harvard, Northeastern and Babson.

"I always knew there was a need for college students," said MacLean, 34.

While at UMass, MacLean noticed that students most commonly sold items with the help of Facebook, message boards, Craigslist and fliers.

"The most cumbersome being Craigslist. They haven't updated that site for a decade. Classy is a simple way of doing what Craigslist does and keeping it mobile, keeping it within your campus, minus all the creepy stuff," said MacLean.

Classy, whose name is derived from the words "classmate, classified ad and fashionable," is the first app to launch from Blade, a startup co-founded by Paul English.

"You just snap a picture in your dorm, put a price on it, and it's immediately for sale. We wanted it to be easier, more beautiful and classier than Craigslist. I think many people find Craigslist a little creepy,"



Developer Mike MacLean shows off the Classy App on the Boston University campus. / NICOLAUS CZARNECKI, METRO

Classy basics

Any items that can be photographed can be sold.

- Right now, Classy categories include books, fashion, electronics and "other."

- More categories will likely be created.

- Students must register using Facebook and an authentic college email address so

the app knows they are "legitimate students."

- Students can learn more about the app online at ClassyMobile.com

Quoted

"We wanted it to be easier, more beautiful and classier than Craigslist. I think many people find Craigslist a little creepy."

English



Visit **Metro.us** for more coverage of Boston-based smartphone apps.

said English.

MacLean said the app had a test run at UMass in the spring, and was well received.

"Students used it and liked it. We got a lot of great feedback," said MacLean. "If all goes well here, the plan is to expand it beyond Boston."



MORGAN ROUSSEAU
@MetroMorgan
morgan.rousseau@metro.us

Highway

Bridge debris falls on SUV

Part of the Route 3A overpass in Chelmsford fell on an SUV Tuesday, damaging the car and shutting down traffic on I-495. A family managed to escape the vehicle with no major injuries. MassDOT said that paint and debris broke off a rusted beam supporting the overpass. **METRO**

Hull. Marital melee lands groom, best man in court

A groom and his best man were in court on Monday in connection with a brawl at a wedding reception at the Nantasket Beach Resort on Friday.

The Patriot Ledger reported that groom Joseph Truglia was charged with assault and battery, and his brother, Patrick Truglia, was charged

with disorderly conduct, resisting arrest, and destruction of property worth more than \$250.

The bride's mother reportedly told police that Joseph Truglia was slapping the bride, who told officers the groom had hit her but that she didn't want him arrested. **METRO**

Crime



The suspect / TRANSIT POLICE

MBTA searches for 'brazen' cell phone thief

Transit Police released surveillance video Tuesday of a man they described as a "brazen thief" in the hope of identifying him.

The suspect allegedly stole a cellphone from a customer service booth at Kenmore MBTA Station on Friday afternoon.

The video shows a man in a white T-shirt entering the fare gates, then peering into the employee booth. He appears to remove something from the booth before sauntering away.

METRO

Crime

'Spare Change Guy' charged as sex offender

A panhandler known to many for crashing a Fox 25 live shot years ago was arrested around 9 a.m. Tuesday at Andrew Square MBTA Station after he allegedly evaded fare.

Transit Police who were issuing a citation discovered John Bubier, 60, of Boston, was a Level 3 sex offender in violation of registry laws.

Bubier is known to many T riders as "the Spare Change Guy." **METRO**

1

NEWS

Today's tweet

"The #allston Post Office: where your efficient day goes to die."

@iamtherog on his snail mail #fail.



Top 3

What's trending online at Metro.us

1 Taylor Swift announces new album, premieres new video'

2 VIDEO: Watch people fail at the ALS Ice Bucket Challenge'

3 Watch Robin Williams' moving video message to a young mother with cancer'



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Q&A

Gubernatorial candidates say cooperation needed in Ferguson, Missouri

If the days of unrest, violence and recriminations now occurring in Ferguson, Missouri, took place in Massachusetts, a majority of the eight candidates running for governor said they would personally reach out to the community and families impacted, and three called for closer attention to be paid to the diversity of police hiring.

The Aug. 9 fatal shooting of unarmed 18-year-old Michael Brown, a black man, by a white police officer sparked protests and rioting, which has been met by police in riot gear with rifles and tear gas. Nearly every night since the shooting has been marked by reports of racially tinged turmoil and violence. **SHNS**



Revs prep kids for school

New England Revolution star players Andrew Farrell, Kelyn Rowe and mascot Slyde teamed up with local students on Tuesday for a back-to-school shopping spree at the BJ's Wholesale Club in Dedham. All of the items, donated by BJ's, will go toward the Revolution's upcoming school supply charity collection to be held at Gillette Stadium on Aug. 23. **NICOLAUS CZARNECKI, METRO**

Peeping Tom suspect charged after police discover him in bushes

Allston. A man accused of voyeurism is facing charges of trespassing and disorderly conduct.

A 51-year-old man pleaded not guilty on Tuesday to charges of trespassing and disorderly conduct after Allston residents claim they spotted him lurking around their homes over the last few weeks.

Genesio Cassimiro, an Allston resident, was released on his own recognizance.

Assistant District Attorney Michael Glennon said residents of a Gardner Street building contacted Boston Police after observing a man, later identified as Cassimiro, standing behind bushes at the rear of the



80 Gardner Street
NICOLAUS CZARNECKI, METRO

Another peeper?

No link has been established between this case and another, similar case from Brighton that remains under investigation by Boston Police.

- In that instance, a 37-year-old woman videotaped a man standing directly outside her bedroom window, peering inside.

building for an extended period of time.

Police located Cassimiro behind the bushes at the rear of the building, where he was seen facing the apartment's window. He allegedly told police that he was in the bushes to urinate.

Glennon said multiple residents reported seeing the same man creeping around the building at night on several occasions in the past two weeks, each time placing his phone to his ear when witnesses made visual contact with him.

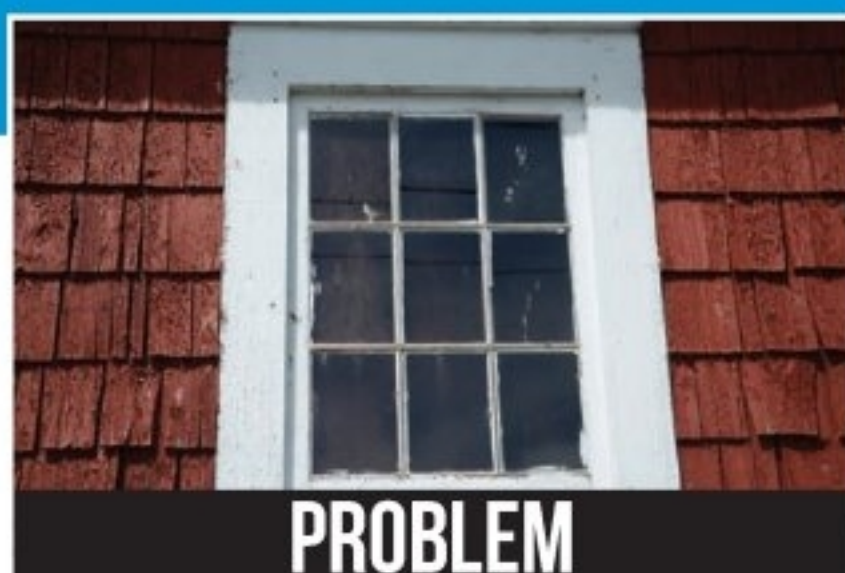
Cassimiro was also ordered to wear a GPS monitor, stay away from the location of the incident and abide by a curfew.

He is due back in court on Sept. 29.



MORGAN ROUSSEAU
@MetroMorgan
morgan.rousseau@metro.us

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Eastern Mass. Hunger report shows food banks have seen a rise in need

Food insecurity seems to be a growing problem in eastern Massachusetts as local food banks have reported an increase in clients, according to a Hunger in America 2014 survey released Monday.

Nearly 64 percent of the Greater Boston Food Bank's pantries reported a year-over-year increase of people who access local food banks, while just 4 percent of pantries saw a decrease.

Furthermore, the report found that roughly 1 in 12 people living in the Greater Boston area access food from The Greater Boston Food Bank and its member agencies annually.

"It is estimated that in eastern Massachusetts, as many as 1 in 3 clients served is a child under the age of 18 and as many as one in five clients served is 60 years old or older," the report's executive summary states. "This means that approximately half of the individuals receiving food assistance belong



Warehouse worker Demetrius Dunston prepares an order for pickup at the Greater Boston Food Bank. / NICOLAUS CZARNECKI, METRO

Startling stats

- 61 percent had to choose between food and utilities.
- 60 percent had to choose between food and rent/mortgage payments.
- 60 percent had to choose between food and medical care.

to a vulnerable age group where proper nutrition is vital."

About a third of the households receiving food assistance have at least one child younger than 18 years of age, according to the report, and half of those served belong to the most vulnerable age groups of children and seniors, where proper nutrition is vital.

MORGAN ROUSSEAU

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Funeral planned for Missouri teen shot by police

Protests. Dozens more were arrested, many of whom police said were not from the area.

Funeral services are planned on Monday for an unarmed black teenager whose fatal shooting by a white policeman in Missouri has ignited more than a week of racially charged clashes in Ferguson.

As lawyers for the family of Michael Brown, 18, announced plans on Tuesday for his funeral, lawmakers called for calm and a change in police tactics that have so far failed to soothe angry demonstrators.

Police said they came under gunfire again overnight



Cops arrest a protester on Monday. / GETTY IMAGES

and made dozens of arrests despite the deployment of Missouri National Guard troops and the lifting of a curfew.

There were at least 57 arrests on Monday night and into Tuesday, most on a charge of failure to disperse, according to the St. Louis County Justice Services Center. It said

St. Louis

Police kill man with knife

Police in St. Louis fatally shot a man they say brandished a knife and refused to drop it.

The victim yelled "Kill me now," Police Chief Sam Dotson said. **BLOOMBERG**

15 of those arrested were from outside Missouri.

"The people who are rioting and looting are not the people who live in this area. They come down here and they wait for the action to start," said Arlando Travis, 38, owner of a local business. **REUTERS**

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Google considering YouTube and Gmail for children: Report

Social media. Most Internet companies do not offer services to children under the age of 13.

Google Inc. is considering allowing online accounts for children under the age of 13, giving their parents control over how the service is used, according to several media reports.

Google has been working on a version of YouTube, its video-sharing site, for youngsters and is considering other child-friendly accounts such as its Gmail system, the Financial Times reported, citing a person familiar with the matter.

Google's effort is partly driven by the fact that some parents are already trying to create accounts for their children, and the company wants to make the process easier and compliant with the rules, The Wall Street Journal reported, citing a per-



Google and YouTube are reportedly considering younger users. / GETTY IMAGES



US law

13

A law called Children's Online Privacy Protection Act imposes strict controls on the collection and use of information about children under 13.

son familiar with the effort.

Google's move was first reported by technology news website The Information.

A company spokesman for Google, Peter Barron, declined to comment on what he called "rumors and speculation."

REUTERS

California. Two youths accused of plotting high school shooting spree

Police in the Los Angeles suburb of South Pasadena said they have thwarted a mass shooting plot with the arrest of two teenagers who were conspiring to kill several staffers and as many fellow students as possible at their high school. Detectives were tipped off to the plot by South Pasadena

High School administrators and arrested the two students after serving search warrants at each of their homes, the South Pasadena Police Department said in a statement.

The students discussed via Internet messages plans to make explosives and researched what type of guns to use. REUTERS



Florida

Woman shoots grandson, 7, mistaking him for intruder

A 7-year-old Tampa, Florida, boy was in critical but stable condition on Tuesday after being shot by his grandmother, 63-year-old Linda Maddox, who mistakenly thought he

was an intruder, sheriff's officials said.

Just before 1 a.m., she heard a chair that she had put against the bedroom door handle for extra protection sliding on the wood floor. Thinking it was an intruder, she fired a shot in the dark from a .22-caliber revolver she kept by the bed, authorities said. REUTERS

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CULTURE

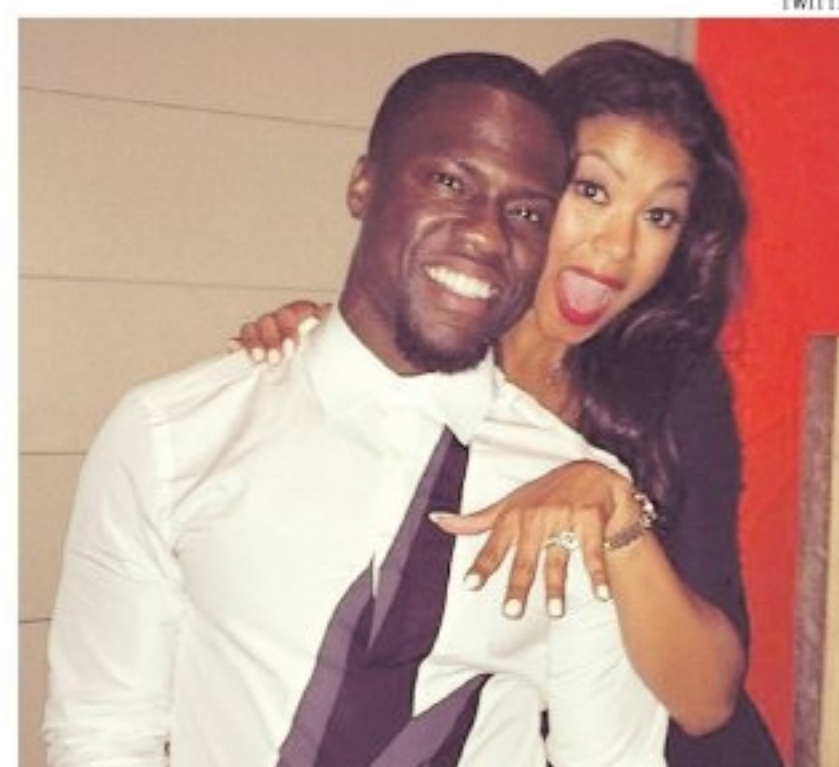


McConaughey brings back the fanny pack?

This is of great cultural significance, so pay attention: Matthew McConaughey has officially vouched for the fanny pack, so it's cool again (if it was ever cool). The "Dallas Buyers Club" actor wore one to a Red Sox/Astros game recently — and even defended the accessory to CSN Houston's Julia Morales. "I'm not afraid of the fanny pack," McConaughey says. "You've got to kind of put it on the side to make it look a little not as nerdy, but still, practicality wins out. I got so much gear in here that I don't want in my pockets." Hoo, boy. I mean, I know McConaughey is a dad now, but I had no idea he was such a, you know, dad. On the plus side, if they really do become popular again, we'll have a new round of explaining why the name makes British people titter.

Love is in the air, literally

If there's one thing famous people are good at, it's setting unrealistic expectations for us normal folks. To wit: anyone having an anniversary soon, since Portia de Rossi went and set the bar way too high in celebrating her sixth anniversary with wife Ellen DeGeneres. The talk show host posted a photo of the two smiling underneath the skywriting de Rossi had ordered for the day, with clouds spelling out "six." Skywriting! How is a nice dinner and some lotto tickets supposed to look after skywriting has been offered up as an option? Sheesh.



Hart hearts new fiancée

Kevin Hart announced via Twitter that he asked girlfriend Eniko Parrish to marry him. "She said YEEEEESSSSSS," he posted, along with the hashtag #IF—ingLoveHer (though he used three letters instead of a long line between the F and the ing) and a pic of the happy couple along with an impressive rock on her finger. The couple has been dating for five years, though Hart's ex-wife, Torrei Hart, previously told Entertainment Tonight that Parrish was the reason for their divorce — a claim Hart refuted: "I guess giving a woman over [\$20,000] a month and still being there for her and being an incredible father isn't enough."

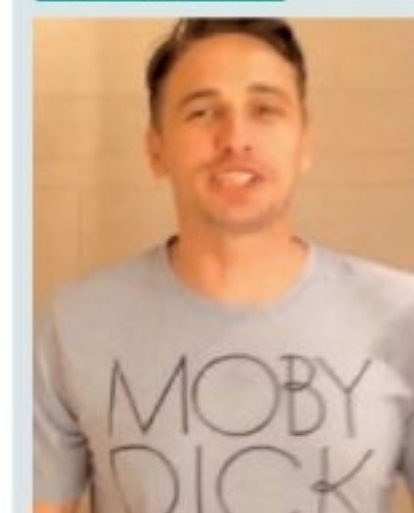
THE WORD

Ned Ehrbar takes on the world of gossip.

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Talking points



Franco keeps #ALSicebucket challenge interesting

Getting tired of those ALS Ice Bucket Challenge vids? James Franco is here to keep things interesting. Hollywood's reigning enfant terrible got doused in a shower and passed the challenge on to Zach Braff, Keegan Allen and Joey King by way of a piece of paper shielding his naked crotch. Classy, Jim. Though, to be fair, he wasn't completely naked. Never one to pass up a good literary reference or bad pun, Franco wore a "Moby Dick" T-shirt. Thar she blows, indeed.

Kid Rock's kid is having a kid

At just 43 years old, Kid Rock is set to become a grandfather, as his son, 21-year-old Bobby Ritchie Jr., is expecting a baby with his girlfriend, according to Us Weekly. Kid Rock's rep had not commented on the news.

New stars: Paul Eenhoorn and Earl Lynn Nelson

The breakthrough.

Meet an obscure actor and a real-life surgeon who hit the big time in the road trip comedy "Land Ho!"

When Paul Eenhoorn first met his "Land Ho!" co-star Earl Lynn Nelson, Nelson walked up to him and touched his eyelids.

"He says, 'You need your eye lids done,'" recounts Eenhoorn. "I didn't even know who he was."

Then Nelson made Eenhoorn, and filmmakers Aaron Katz and Martha Stephens, drink

Never scared

The natural

Eenhoorn says Nelson acts just like Nelson: "He's one of the rare people that when you put a camera on him he doesn't change. When you see a CEO being interviewed, they're stiff, because they're conscious of the camera. He's not. He doesn't give a s—."

Nelson seconds that: "I've only been scared of two things in my life: God and my daddy. And my daddy's gone, so I only got God. ... Some of the nasty stuff [in the film], it's not all me. [The directors] write the stuff, but I got the balls to say it."

moonshine. "He took the moonshine out of the freezer, hands me the bottle," explains Eenhoorn. "I say, 'No, I don't drink out of the bottle.' He says, 'Don't put it in the glass, you waste the moonshine.'"

"Because it sticks to the glass. It's a waste to put it in the glass," Nelson says. "I said, 'You don't booze in a glass in my house. Drink out of the bottle.' That's how he got to know me."

The two are an odd couple, off-screen and on. In "Land Ho!" they play ex-brothers-in-law who go on a trip to Iceland. In real life, Eenhoorn is a longtime, classically trained actor from Australia who finally, decades in the business, scored breakthrough notices



Earl Lynn Nelson and Paul Eenhoorn play close buds in "Land Ho!" /GETTY IMAGES

for the indie "I Am Martin Bonner." Nelson, meanwhile, is a surgeon from Kentucky whose only two previous films were tiny ones made by Stephens, who's his first cousin's daughter.

Eenhoorn is much more open and giggly than he is in "Land Ho!" while Nelson is exactly the same: a hulking force of life with a booming baritone twang, who loves to live life

like there's only one, because there probably is. If anything, they get along even better in real life than onscreen, where they get along swimmingly.

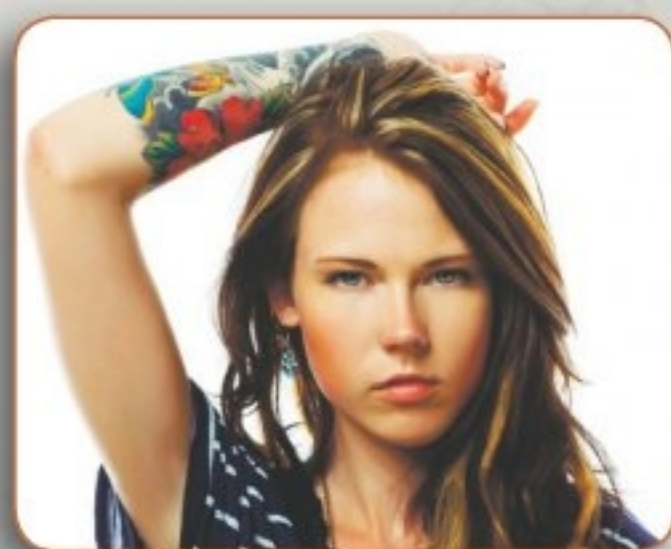
"I actually got to like the old sonofab—, We call each other back and forth. We got to be true friends," says Nelson.



Visit Metro.us to read more from Paul Eenhoorn and Earl Lynn Nelson.



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TELEVISION

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Invasion of the body snatching immortals

Interview. Mira Sorvino's new show "Intruders" asks some tricky questions about living forever.

Just who do you think the people around you are, anyway? That's a question that BBC America's new show "Intruders" answers in a fairly unnerving way: The show centers around a secret society that achieves immortality by taking over the bodies of new people.

Star Mira Sorvino calls it "really chilling, and in some way really believable." She plays Amy Whelan, a woman who disappears for a few days, then returns acting totally differently. As Sorvino says, everyone has seen "when a darker side of someone comes out and you feel like you never knew that person at all, like that was a different face they were showing you."

That's the problem facing Amy's poor husband, Jack, an ex-cop who tries to figure out what's going on with his wife. "The role has this real range to it, so I get to play this sort of soft, vulnerable side and then this much stronger, kind of Machiavellian, amoral but passionate person," Sorvino says.

It's the first regular series role for Sorvino, who says she turned to TV because of the rise in quality she was seeing. "I think there's no real divide anymore between film and television and especially on the cable networks," she says. Moving to



"Intruders" premieres Saturday at 10 p.m. / CATE CAMERON, © BBC WORLDWIDE LIMITED

TV offers the chance to grow with a character. "Over 80 episodes, you can really mine the depth and breadth of a role in a different way than you can in a movie," Sorvino explains.

The show's focus on immortality is a pretty natural one, Sorvino thinks, because a fear of death is pretty universal. "No one wants to die, and everyone

would love it if there was an answer that didn't involve permanent midnight," she says. She also pointed out the multitude of elixirs, quests and strange practices used throughout history to try and prolong life.

Even as a person of faith, she says a curiosity and fear about what might come after is hard to avoid. "Even if you believe that there is something beyond death, no one's come back from there and laid it all out and made us feel assured that, 'OK, don't worry, this is how it goes,'" she says. "So I think that's why im-

mortality will always remain a topic that people will be interested in."

"Intruders" will also examine some tough questions a person might face over an infinite life, such as what family means after all that time. "All those things that a human cares about, if you could control living on and on ... what things would have to be foregone? Or what things would you fight to keep?" asks Sorvino.



LISA WEIDENFELD
@LisaWeidenfeld
lisa.weidenfeld@metro.us

Mystery

Getting answers

"Intruders" is at heart a mystery show, so we tried to get Sorvino to spill a bit about what happens later on. But she's mastered the art of tantalizing caginess. What can be teased about later in the season? "It's shocking. There's all kinds of shocking stuff. Like things that don't usually happen in TV," she promises. What kind of



things? "I can't say what those things are, but there's a lot to keep you coming back week after week. No one is as they seem," she says.

One character seems to have multiple people controlling

her body. Will we see that happen to other characters? "I can't answer that, but I'm not going to say no," Sorvino says. Sounds like we might be on the right track. On whether Amy is a good guy or bad, she says, "I can't really answer that either. That's a complicated question, as you'll see as you watch."

Maybe viewers will see Amy swing back and forth between good and bad behavior? "Well, I think they will think Amy is a good guy. That's all I'm going to say," says Sorvino with a laugh.



Learning to fly proves a bit harder for the adults than the children in "Finding Neverland." / EVGENIA ELISEEVA

No growing up allowed

Review. 'Finding Neverland' invites you to leave your cares behind for the night.

Check your grown-up baggage at the door of the American Repertory Theater for its latest production, the premiere of the revised "Finding Neverland" musical. This tale of J.M. Barrie's writing of "Peter Pan" is definitely worth seeing through the eyes of a child.

There are pirates, Captain Hook, a few killjoys, a dog and a dinner party any kid would love to attend. There's also an emotionally charged journey that will leave you giddy with exhilaration from the highs and fighting back tears from the lows.

Director Diane Paulus has assembled an extraordinary creative team that makes it all look like kids' play. The British pop sounds of Gary Barlow and Eliot Kennedy and the stunning contemporary choreography of Mia Michaels (of "So You Think You Can Dance" fame) make it feel fresh and new, though the story takes place in Victorian times.

The imperious attitude of the buffoonishly high-brow acting troupe being forced to lower their standards and per-

If you go

'Finding Neverland'

Through Sept. 28
Loeb Drama Center
64 Brattle St., Cambridge
\$25-\$95
www.americanrepertorytheater.org

form "Peter Pan" is responsible for much of the show's humor. It also feels like a bit of a playful jab at the stodgy old guard at the A.R.T. who would've likely balked at such wonderfully family-friendly musical theater in days gone by.

Jeremy Jordan delivers a charming, vocally impressive turn as J.M. Barrie. Carolee Carmello is perfection as Mrs. Du Maurier, and Laura Michelle Kelly's stellar work as Sylvia Llewelyn Davies boasts a gut-wrenching, yet beautiful, exit.

"Neverland" is heading to Broadway, and persnickety theatergoers are already discussing what needs to be changed before it gets there. If you embrace the magic of this enchanting journey, you'll be so busy enjoying it you won't even care.



NICK DUSSAULT
@MetroBOS
letters@metro.us

ing troupe at Barrie's theater. When she plays Peter Pan in the play within the play, she shows off the dancing that won her the competition.

TV watch list

DRAMA

'Extant'

Catch a two-hour block of this sci-fi show, as Molly strives to understand what happened with her mysterious pregnancy. Did nefarious types take the baby from her?

9 P.M., CBS



On "Extant," Halle Berry is looking for her baby. / CBS

DRAMA

'Legends'

Martin and his team try to rescue a kidnapped chemistry teacher and begin to suspect his kidnappers are trying to make him produce a weapon. As long as he's not Walter White, it'll be OK, right?

9 P.M., TNT

REALITY

'Man vs. the Universe'

Learn about how people try to save the world from asteroids. But we all know the solution is to fly a rocket with Bruce Willis and a ragtag group of miners into space. 10 P.M., SCIENCE

LISA WEIDENFELD

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Minam.com**



Oh, you should have!

Whether you're curating a registry for your upcoming nuptials or just shopping for your bestie's birthday, we've got 11 gift ideas that prove you can be timeless and trendy all at once. **TINA CHADHA**



The Object Enthusiast

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KKDW

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tion piece. **Medium planter,
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Studiopatro

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lucky couple. **Tea towel, \$24,
Studiopatro.com**



Shino Takeda

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1 Tbsp = 1/2 fl oz = 3 tsp
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1/4 cup = 2 fl oz = 4 Tbsp
1/2 cup = 4 fl oz = 8 Tbsp
1 cup = 8 fl oz = 1/2 pint
1 pint = 16 fl oz = 2 cups
1 quart = 32 fl oz = 2 pints
1 gallon = 128 fl oz = 4 quarts

Elementary school



The hottest back-to-school clothes

With the first day of school fast approaching, it's time to pack up that summer wardrobe and make room for fall fashion. Since the weather is just starting to cool down, we rounded up some staple pieces to ease the transition from summer break to inside the classroom. **ZAHRA AHMED**

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Graphic long-sleeved tees make a bold statement on the first day of school. Use the code **OUTFIT15** at checkout at **FabKids.com** to get the first outfit at \$15 and free shipping.



Middle and high school



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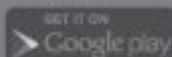
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Wednesday, August 20, 2014

TECHNOLOGY

14

IFOOD GLORIOUS IFOOD: REAL MEALS ONLINE



Blue Apron sends you surprise meals based on certain criteria. / BLUE APRON

First there was delivery pizza and the world swooned. Next came on-demand grocery services like FreshDirect and the world, uh, swooned again. Then came Grubhub, Seamless and the rest of the online delivery behemoths. What's next for lazy, hungry people? It's services that plan out meals for you and then send you exact ingredient amounts. This idea is blowing up in a major way with three companies already on the scene. Let's do an overview, shall we?

Blue Apron

Blueapron.com

This is the best of the bunch, if only because they've been around the longest, working out kinks along the way. It's a mystery box, of sorts. You click on how many meals you want delivered and any dietary restrictions you might have and let the magical robot grandma do the rest. They send partitioned ingredients your way, so if the recipe calls for a teaspoon of salt, they'll send an exact teaspoon of salt. The recipes, which you have no control over, are extremely easy to follow, even for anxiety-prone Grubhub addicts

DIY (sort of)



Forage gives you meals that are ready to cook. / FORAGE

Forage

Forage.co

This is a new kid on the block, following the Blue Apron blueprint, with one tweak: They do the cutting and chopping for you. If a

recipe calls for a half cup of onions, Forage will chop it for you and seal it away in an airtight container. So all you do is turn the oven on and stir things.

(not naming any names).

Popcart

GetPopcart.com/freshdirect

Now this is interesting:
Brought to you by Foodily

and FreshDirect, Popcart is a Web browser extension that automatically orders the ingredients for any recipe that suits your fancy. Of course, you have to live in a city that FreshDirect furnishes, so Nebraskans are out of luck (again).

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Kris Schoels: Just peachy keen

Fruitful summer.

The Chic Wife tells us how to use peaches at their peak season.

August is National Peach Month, but Kris Schoels doesn't need a reason to enjoy the delicate summer fruit.

"My favorite part about summer is the abundance of fresh produce — and the warm weather, of course," says the lifestyle maven of TheChicWife.com. "Time spent at the beach, outdoor cooking, bare feet — shoes are optional starting Memorial Day through Labor Day."

Now at the peak of their growing season, peaches are rich in vitamin C, vision-protecting beta carotene, potassium and fiber. And for Schoels, peaches also carry a special significance. "I grew up on a farm, and our family had peach trees," she says. "There was nothing better than walking through the fields on a beautiful day and grabbing a fresh peach right off of the tree."

It's their versatility in both savory and sweet dishes that makes peaches a staple during summer: "You can grill them and drizzle with a balsamic glaze, or serve with ice cream to add another sweet texture. Peaches also make for a great snack and can be chopped up and used in salsas, salads and as garnishes."



eva kisk
@thisiskis
eva.kisk@metro.us



Kris Schoels, aka The Chic Wife, grew up on a farm with peach trees. / PROVIDED

How to pick a good peach

- You want the fruit to give a little when squeezed; avoid hard peaches.
- To tell if a peach is ripe, don't go by the pinkness of its skin — you're looking for a golden yellow color. Green spots mean it was picked too early.
- The best way to tell a peach's flavor: Smell it!
- Ripe peaches spoil quickly, so put them in the fridge if you won't eat them right away.

Recipe. Peaches & Cream Smoothie

Directions

Blend all ingredients together in a blender until smooth, adding some ice if you want a thicker smoothie. Sprinkle with toppings and enjoy with a spoon!

- 1 cup milk
- 1 fresh peach plus ice (or 1 cup frozen peaches)

- ½ cup of Greek yogurt
- 1 scoop of vanilla protein powder
- 1 tbsp. of honey
- Toppings: raspberries, chopped peach slices or granola



Get 'em while they're ripe!

INGRAM PUBLISHING

Tinnitus. Caffeine could protect your hearing

Drink a lot of coffee? It could be protecting you from a common — and annoying — medical issue.

A new study linked caffeine with fewer cases of tinnitus, that annoying ringing or buzzing in the ears among female nurses. The cause of tinnitus is unclear, and so is the reason why caffeine would lower one's risk of developing the condition, according to researchers at Brigham and Women's Hospital in Boston.

But it does go against a basic guideline for avoiding tinnitus.

"In the ear, nose and throat literature and textbooks they often tell people with tinnitus to avoid caffeine because it can make tinnitus worse, but there really wasn't great data to even support that," said Dr. Gary Curhan, senior author of the new study.

The researchers analyzed data on more than 65,000 female participants in the Nurses' Health Study II, which involved filling out dietary

questionnaires since 1991. In 2009, 5,289 women reported having tinnitus symptoms. The incidence was 15 percent lower among women who consumed 450 to 599 milligrams per day of caffeine (6-8 cups of coffee) when compared to the women who drank less than 150 mg/day (about a half a cup). **REUTERS**



Is there anything coffee can't do? PROVIDED

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GOING OUT



Build your own baseball field out of Legos, or just admire this Fenway Park replica. / NICOLAUS CZARNECKI, METRO

Legoland Discovery Center Adult Night

Wednesday, 7 p.m. to 9 p.m.

Legoland Discovery Center, 598 Assembly Row, Somerville; \$23, 18+, 866-228-6439, www.legolanddiscoverycenter.com/boston

As Whitney Houston said, children are the future — but why should they have all the fun? One evening a month, the Legoland Discovery Center has an “adult swim” of sorts, so you can relive the hours of block stacking fun you had as a kid, back before there even were Legoland Discovery Centers, and tonight’s your chance.

MOVIES

‘Cloak and Dagger’

Friday, 7 p.m.
Harvard Film Archive
24 Quincy St., Cambridge
\$7-\$9, 617-495-4700
www.hcl.harvard.edu/hfa

The Harvard Film Archive continues its Fritz Lang series with this spy tale by the German master, from 1946. It stars Gary Cooper as what one critic called “the opposite of a James Bond,” a nuclear scientist on a secret mission for the OSS in WWII Europe who transforms from a high-minded rationalist to a bare-fisted brawler in his fight against the fascists.

FESTIVALS

Art Walk in the Park

Sunday, 11 a.m. to 5 p.m.
University Park
38 Sidney St., Cambridge
Free, 541-515-2654
www.artcitycambridge.com

This outdoor festival features local artists and crafts-makers showing off their creations. There are also food vendors and interactive community projects including Brian Butler’s Ice Cream People (not sure what that is, but it sounds delicious) and sidewalk chalk “art battles.” There will also be a performance from the Dazies, the solo project of Mean Creek’s M. Holland. **MATTHEW DINARO**

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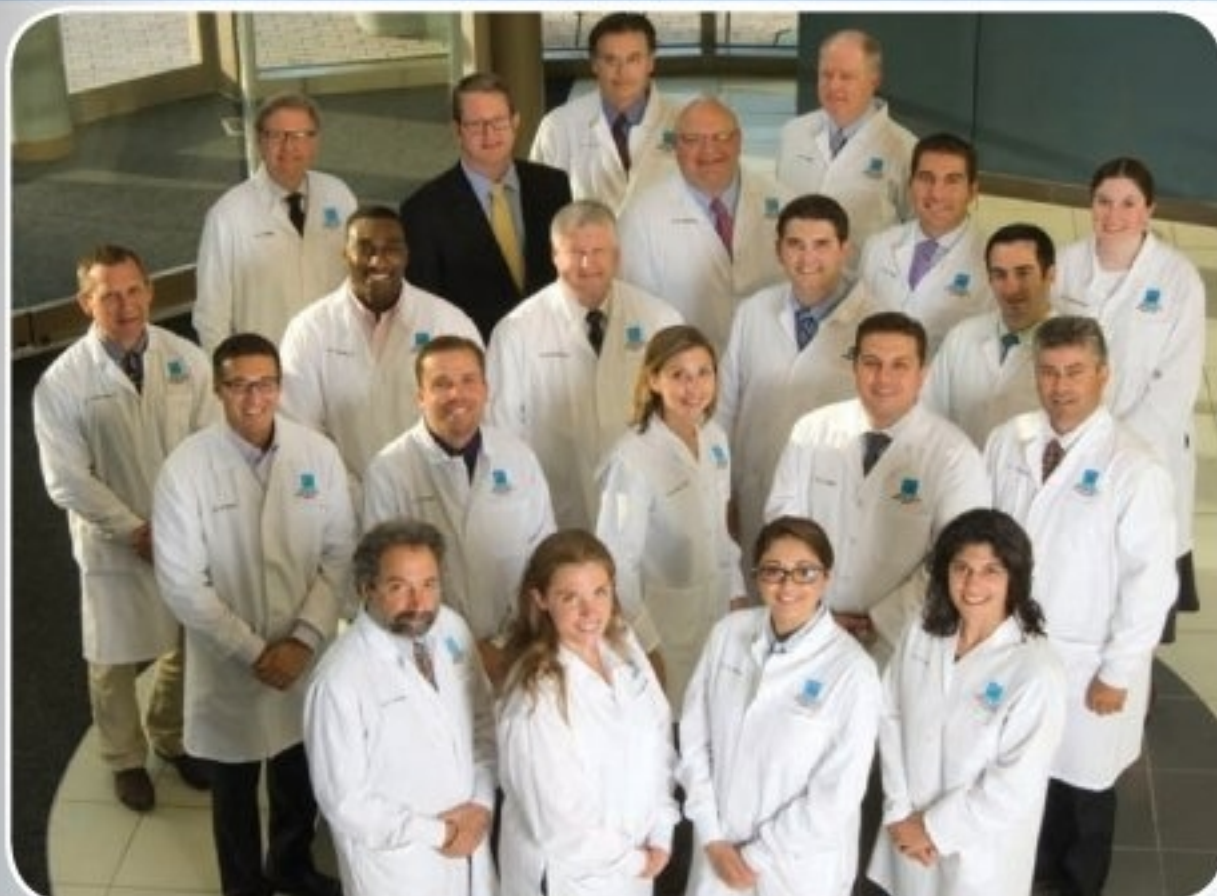
Carla Fernández *The Barefoot Designer* is made possible with support from The Coby Foundation, Ltd. and the National Endowment for the Arts, with additional assistance from the Consulate General of Mexico in Boston. The Museum receives operating support from the Massachusetts Cultural Council. Media sponsor: Boston Globe Media, Inc.

Image: Carla Fernández, Armadillo blouse and Eneyda dress, Mayaland Spring/Summer 2013. Mask: Pedro Reyes. Model: Amberlyn Wemmer @ Paragon. Photo: Ramiro Chaves.



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The education and practical experience I received in graduate school prepared me to care for people of all ages. On any given day, I may care for a newborn followed by an 87 year old. I love the variety of conditions I treat! Keeping people from getting sick is one of the most fulfilling parts of this career. Other bonuses? I have more time for each appointment, and I'm not pressured to move patients out the door just to stay on time. Mostly, it's the connection with my patients that is the joy in my day. I make a difference in their lives, and they in mine, and that is both powerful and rewarding.

Sound interesting? Then, consider the Family Nurse Practitioner Program at Simmons College. We offer a strong, student-focused program that has been educating nurse leaders for over one hundred years. Our graduates are ready to care for the millions of newly insured people in this country. Nurse practitioners will help fill the need for competent, energetic and knowledgeable healthcare providers.

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Alison O. Marshall, APRN, MSN, FNP-C

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When Would You Need a Root Canal?

By Dr. Charles Rankin

There basically are four situations when you would need a root canal **to save your tooth**.

1. You get hit in the face with a shovel. OK – maybe not a shovel, but any **traumatic incident to the face** may result in a severe fracture of the tooth and the exposure of the pulp or nerve of the tooth. If that happens, you most likely will need the whole pulp or nerve removed and the empty canal sterilized and sealed. Even if the tooth doesn't break, traumatic movement of the tooth within its bony socket may interfere with the blood supply to the tooth. This interruption of blood flow may cause the canal tissue to die and even cause the tooth to darken. A root canal procedure removes the dying tissue and seals off the canal so the tooth can subsequently be bleached, if necessary.
2. You have a **toothache that is made worse by either cold or hot**. Most people have certain teeth that are somewhat sensitive, especially to cold. That's OK if the pain doesn't linger after the cold dissipates. If the pain lingers after the cold is gone, however, that's a bad sign – you most likely have a condition called "irreversible pulpitis" with the key word being **irreversible**. The pain will not go away unless the pulp or nerve tissue is removed; hence, a root canal procedure is needed.
3. You have a **toothache that is not sensitive to cold but is painful to touch**. This may be accompanied by swelling around the root of the tooth. Somehow, either through decay, a fracture or a defective filling or crown, bacteria have entered the canal space. Your body responded by sending white blood cells to fight the bacteria – this resulted in the creation of pus, which eventually will develop into an abscess involving the root of the tooth. A root canal procedure will remove the pus and cleanse the canal so that the abscess can heal.
4. The last reason you may need a root canal procedure is when your **tooth is badly broken down and there is no tooth structure to hold a filling in or a crown on**. This tooth requires that a post be placed in the canal to help hold the filling or crown on. Before the post is placed, the root canal has to be cleaned and sealed off.

If you or someone you know needs a root canal, don't worry. **Root canal procedures have improved dramatically over the years**. Today, root canal (endodontic) procedures usually can be completed with little or no discomfort.

It's important to take care of your teeth; brush at least twice a day and floss before bedtime. If things don't feel or look right, **see your dentist right away**.

Dr. Charles Rankin, D.M.D. is a board-certified endodontist and the interim Chair of the Department of Diagnosis and Health Promotion at Tufts University School of Dental Medicine in downtown Boston. Dr. Rankin also sees patients at Tufts Dental Associates, the full-service faculty practice at Tufts Dental School. Tufts Dental Associates offers a full range of general and specialty dental services within one practice. Originally from Everett, Dr. Rankin served as an endodontist in the U.S. Air Force.

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Wednesday 17	The Dimock Center
Tuesday 23	Bowdoin Street Health Center
Wednesday 24	Joseph Smith Community Health Center - Waltham
Thursday 25	Brookside Community Health Center
Tuesday 30	South End Community Health Center

October 2014

Site	
Thursday 2	MGH Charlestown Healthcare Center
Saturday 4	Harvard Street Neighborhood HC - Health Fair
Thursday 9	Neponset Health Center
Tuesday 14	Bowdoin Street Health Center
Wednesday 15	Joseph Smith Community Health Center - Allston
Tuesday 21	Manet Community Health Center - Hull, MA
Wednesday 22	The Dimock Center
Tuesday 28	Bowdoin Street Health Center
Wednesday 29	Joseph Smith Community Health Center - Waltham

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Dana-Farber's Mammography Van is managed by Dana-Farber Cancer Institute's Mobile Health program and possesses a valid license and certificate of inspection issued by the Massachusetts Department of Public Health

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Nou palé Kreyòl



Five tips to stay safe in the sun



During the summer months many people head out to the beach to escape the hot temperatures. But before you spend time in the sun, Dana-Farber Cancer Institute dermatologist, **Jennifer Lin, MD**, has a few tips to protect your skin and lower your risk of developing skin cancer:

1. Do not use tanning booths

Don't hit the tanning bed for a "base tan" before you hit the beach. Tanning

booths contain UVA rays, which can raise the risk for developing melanoma, the rarest and most aggressive form of skin cancer. Getting a base tan won't stop you from burning at the beach, either.



2. Use protective clothing

It's easy to forget sun block at home, or forget to reapply. Hats and long-sleeved clothing often beat reapplying sunscreen.

Protect yourself with a wide-brimmed hat or baseball cap, and don't be afraid to wear long sleeves or cover-ups. Wear sunglasses to protect your eyes from the sun as well.

3. Know your skin

It's important to know your skin tone; some people are not meant to spend excess time in the sun. Fair-skinned people (freckles, blue eyes, red hair, and white skin) are at a higher risk of burning and should be extra careful in the sun.

Sunburns, particularly blistering sunburns in your youth are associated with an increased risk of developing melanoma.

4. Apply sunscreen

Use a sunscreen with an SPF of 30 or higher and reapply every two hours. It's also important to reapply after excessive sweating or swimming.

Most people also don't put on enough sunscreen. A shot glass (two tablespoons) of sunscreen is needed for your face and exposed areas of the skin. If you are using a spray, use enough to get an even coating, and rub in to prevent missed spots. Apply chemical sunscreens 15 minutes prior to sun exposure as these sunscreens work better when absorbed.

5. Avoid excessive exposure

The sun is strongest between the hours of 10 a.m. and 4 p.m. Don't spend

excessive amounts of time in the sun during those hours. If you do spend a long time outside, make sure to apply a sun block that is SPF 30 or higher and reapply every two hours.

If you are planning a beach day, try to go later in the day when the sun isn't as strong and harmful. Also, find an umbrella, cover up and go inside during the middle of the day.

"Be smart about your sun exposure," Lin says. "Do the activities that you love to do but minimize exposure by performing the activities in the early morning and evening when the UV rays are less intense."

To learn more about Dana-Farber visit www.dana-farber.org.

Dana-Farber Cancer Institute is a principal teaching affiliate of the Harvard Medical School and is among the leading cancer research and care centers in the United States. It is a founding member of the Dana-Farber/Harvard Cancer Center, designated a comprehensive cancer center by the National Cancer Institute. Follow Dana-Farber on Facebook: www.facebook.com/danafarbercancerinstitute and on Twitter: @danafarber.

Horoscope

♌ Leo | July 23-Aug. 22.

Trust your intuition. Get any deals or promises in writing. If something seems dubious or uncertain, look for an alternative way to get what you want.

♍ Virgo | Aug. 23-Sept. 22.

Show your support. If you fight for the underdog, your dedication will be noticed. Set a high standard for yourself that others will follow.

♎ Libra | Sept. 23-Oct. 22.

Problems with your living space need immediate attention. Don't let a professional difference of opinion deteriorate into an emotional debate. Get your facts straight.

♏ Scorpio | Oct. 23-Nov. 21.

Take action and show everyone how industrious you are. Be assertive, and present your ideas in a confident and distinctive manner. Your enthusiasm will be contagious.

♐ Sagittarius | Nov. 22-

Dec. 21. Compromise will be needed in order to resolve a battle of wills. Don't cave to pressure or let anyone bully you. Stand up for what you believe in and what you want.

♑ Capricorn | Dec. 22-Jan. 20.

Tread carefully today. Over-sensitive peers and family members will require an understanding and calm approach. This is an ideal day to work on personal documents.

♒ Aquarius | Jan. 21-Feb. 18.

Group efforts will go smoothly. You will be able to get along with your colleagues, and much will be accomplished. Take a position of leadership in order to boost your popularity.

♓ Pisces | Feb. 19-March 20.

Creative projects will keep your imagination and mind stimulated. All work and no play will lead to irritability and dissatisfaction. Make romantic plans for the evening hours.

♈ Aries | March 21-April 20.

You will need a lot of strength to deal with negative people and those unable to see the possibilities at hand. Keep your emotions in check.

♉ Taurus | April 21-May 21.

You will be able to get everything done if you focus. Your generosity and approachable manner will enable you to get the help needed to reach your goals.

♊ Gemini | May 22-June 20.

Don't get so caught up in daily trials that you neglect financial matters. Be mindful of how your decisions will influence those around you. Think before you act.

♋ Cancer | June 21-July 22.

Take extra care when it comes to the way you present who you are and what you can do. The compliments you receive will please you. **EUGENIA LAST**

Letters

Nobody's right

If everybody's wrong, as Buffalo Springfield put it so succinctly almost 40 years ago. The cop(s) involved most certainly should be prosecuted to the full extent of the law. But here's the problem: While I completely understand the frustration and outrage that an aggressive police stance could create, I do not see how rioting and looting can generate any sympathy for the cause, and it surely will not bring any justice for the kid who was killed. If anything, it

divides the community even more. Sadly, too many will look upon as an excuse for certain kinds of people to commit mayhem, and their victims are, ironically, their own neighbors.

C. J. EVANS, VIA EMAIL

Don't make noise, make change

Another innocent black man gets killed by white cops. Another protest erupts. Another

week of writhing under the pungent residues of American apartheid. Why hasn't the situation evolved? Because our response hasn't. Intellectuals like Dr. Charles Ogletree called for "a lot of noise," and organizers handed out markers and signs. This country does not need another howling, poster board protest. And Ferguson, Missouri, does not need our sympathy. They need our action. This frustrating charade, like our nation's deep-seated racial tensions, has boiled on for far too long. The status quo is as unacceptable here as it is in Ferguson.

Our NAACP, Urban League, ACLU and other community groups need to switch from moving picket signs to moving our institutions forward. In Michael Brown's honor, coalesce into an unflinching activist front that demands the establishment of a strong civilian review board and the institutionalization of real police accountability.

ADAM FRIEDMAN, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

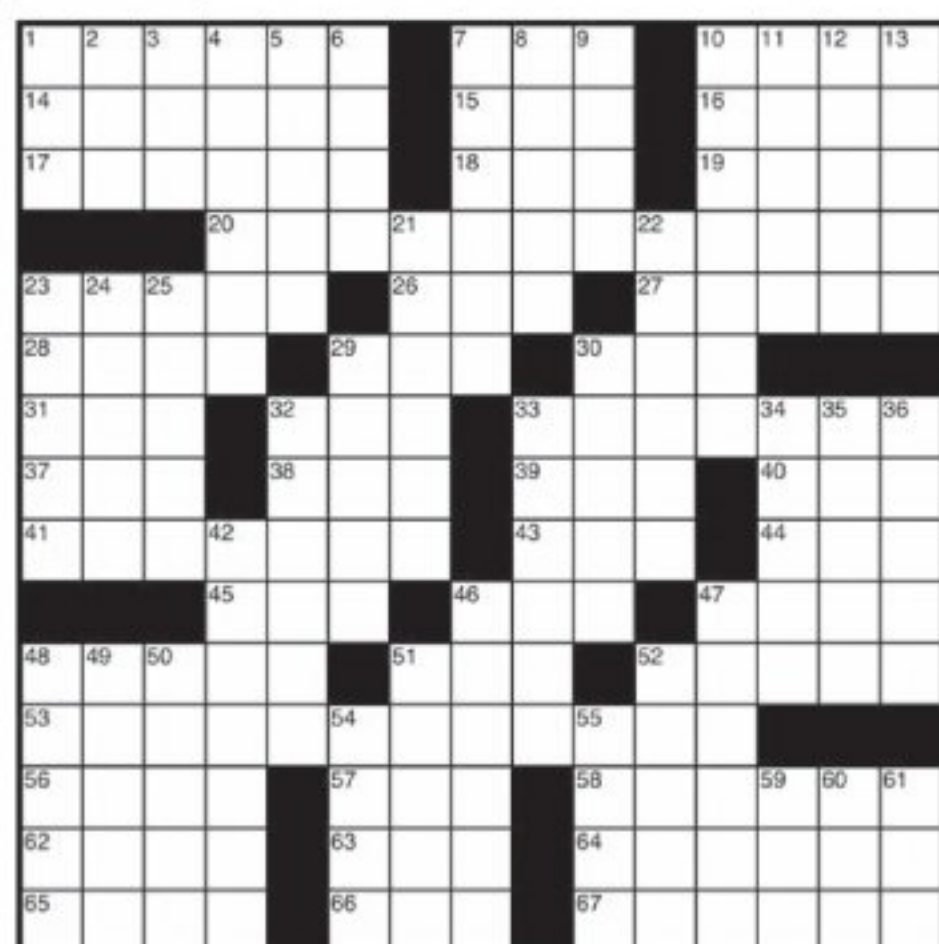
		1					2	
		6		4	8			3
		4	6	2	7		9	
				6				9
	3	2				8	4	
6				5				
	6		9	8	4	2		
9			5	3		4		
	8					9		

4		6					1	
		7		4				8
	5				2		9	
6	2	9	4			8		
			7		9			
		3			8	9	4	6
	6		8				5	
5				2		1		
	3					4		2

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

**Across**

- 1 Got steamy
- 7 Check fig.
- 10 Off-road vehicle
- 14 She's a Dahl
- 15 Business VIP
- 16 He wrote "Picnic"
- 17 Squeak squelcher
- 18 — -Magnon man
- 19 Extra
- 20 Dark bread
- 23 Fallen-rock debris
- 26 Whichever
- 27 Vouchers
- 28 Burglar's "key"
- 29 Gouge
- 30 — Dawn Chong
- 31 Orthodontist's grp.
- 32 — compos mentis
- 33 Seoul mates?
- 37 Fish catcher
- 38 Fake it
- 39 Tempe coll.
- 40 Chop off
- 41 Dolphin's cousin
- 43 Matter, in law
- 44 El Dorado loot
- 45 Android rival
- 46 Forenoon hrs.
- 47 Gnat or mouse
- 48 This too — pass
- 51 Dernier —
- 52 Paves the way
- 53 Optical curiosity
- 56 Kansas town
- 57 Pub pint
- 58 Surveyed
- 62 Beat with a stick
- 63 "Wolf Man" Chaney
- 64 Cream-filled pastry
- 65 Gala occasion
- 66 Sooner than anon
- 67 Patio furnishing

Down

- 1 Luggage
- 2 Bobby of hockey
- 3 Land in "la mer"
- 4 Sprang up
- 5 Come later
- 6 View as
- 7 Put stress on
- 8 Full of good cheer
- 9 Cel character
- 10 Tony Hillerman sleuth (2 wds.)
- 11 Tiny-capped mushroom of Japan
- 12 Long-plumed bird
- 13 Rinds
- 21 Wall coverings
- 22 Daedalus' son
- 23 Breezy talk
- 24 Cipher expert
- 25 Gaucho's rope
- 29 Hocus- —
- 30 Fragrant flowers
- 32 Pompeii's neighbor
- 33 Of cause and effect
- 34 Medicinal plants
- 35 Leif's language
- 36 Tough situations
- 42 Distance
- 46 Arsenal coach — Wenger

Visit us online at **Metro.us**.

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Yesterday's answer

- 47 Saffron dish
- 48 Rowboat
- 49 Non-Polynesian
- 50 Mete out
- 51 Hue
- 52 Memorable decade
- 54 Carnegie or Evans
- 55 Sheikh's cartel
- 59 Zhou En- —
- 60 Frozen Wasser
- 61 Rapper Dr. —

Foxboro time share

NFL. The Pats enjoy giving every running back on their roster equal opportunity these days.

Fantasy football players should treat Patriots running backs like poison.

Real-life fans of the Pats should not be as down on the group.

By most accounts, Bill Belichick will employ a "running back by committee" approach again this season, with some combination of Stevan Ridley, Shane Vereen, Brandon Bolden, Jonas Gray, James White, James Develin and Roy Finch receiving the carries.

Running backs are certainly susceptible to injury, so it's no surprise that the Patriots often use a "next-man-up" approach at the position. On opening day of the 2013 regular season — a 23-21 Pats victory over the Buffalo Bills — three different New England backs touched the ball seven or more times. Vereen had 14 carries for 101 yards, Ridley had nine carries for 46 yards and LeGarrette Blount (now a member of the Steelers) had seven carries for 15 yards.

Ridley emerged as something of a feature back midway through the season, his highlight day coming against the Steelers in early November as he touched the ball 26 times for 115 yards and two touchdowns. But Vereen was out due to injury from Week 1 to Week 11 and Blount had not yet found his groove.

In the early part of this decade, the Patriots also used



Shane Vereen was the Patriots' most productive running back in the 2013 AFC Championship game, carrying the ball four times for 34 yards and catching five passes for 49 yards. / GETTY IMAGES

Pre-season leaders

A glance at Patriots running backs through two games:

- Jonas Gray: 21 carries, 110 yards
- Roy Finch: 10 carries, 52 yards, 1 touchdown
- Stevan Ridley: 11 carries, 47 yards
- James White: 14 carries, 36 yards

a multiple-back strategy as on opening day of the 2011 season — a 38-24 Pats win in Miami — Danny Woodhead touched the ball 14 times for 69 yards and Benjarvus Green-Ellis carried the ball seven times for 34 yards and a touchdown. Going back to the 2007 opener — a 38-14 win over the Jets in New Jersey — Laurence Maroney carried the ball 20 times for 72 yards and Sammy Morris received 11 carries for 54 yards.

There is no Corey Dillon in Foxboro these days. Consider that on opening day of the

2004 season, Dillon was the only running back to carry the ball. Even when Blount had his monster playoff game against the Colts this past January (24 carries, 166 yards, four touchdowns), it's important to note that Ridley still carried the ball 14 times and Vereen carried it five times.

It's highly unlikely — particularly at the start of a season — that the Patriots will pick one back and ride with him.



MATT BURKE
@BurkeMetroBos
matthew.burke@metro.us

Quoted

"[James White] is a very interesting and versatile player. He does a good job in the passing game and in the running game, both inside and outside. ... I think he has the ability to compete on all three downs."

Bill Belichick, Patriots head coach, to SiriusXM radio on the progress of rookie running back James White

Conservative approach

Revis speaks on new NFL rules

Patriots cornerback Darrelle Revis talked Tuesday about the NFL's new, strict rules regarding defensive holding.

"It's tough," Revis said. "Maybe in the regular season, things might change. You never know. At this moment, everybody is just trying to make sure they're doing the right thing by following the rules." **METRO**



Johnny Manziel is again the center of controversy. / GETTY IMAGES

NFL. Browns coach mad about Manziel's bird flip

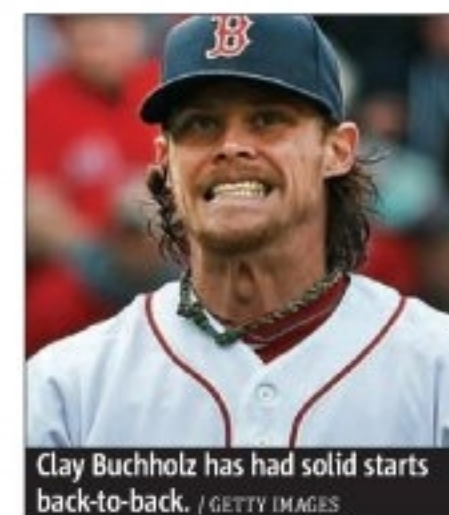
Johnny Manziel remains the most discussed NFL player this preseason, but most of the talk remains focused on Manziel's maturity issues. The Browns rookie flipped off the Redskins' bench in a game on Monday night.

"It did not sit well," Browns coach Mike Pettine said. "I was informed of it after the game and it's disappointing because we talk about being poised and being focused." **METRO**

MLB. Powerful Angels back at Fenway tonight

The Red Sox once again welcome the top team in MLB to Fenway Park Wednesday (7 p.m., NESN) as the Angels will seek to extend their slim lead in the AL West.

Clay Buchholz (5-7, 5.79 ERA) will get the nod on the mound for the Red Sox while the Angels will counter with Garrett Richards (13-4, 2.53 ERA). The two teams will wrap up their four-game series Thursday night. **METRO**



Clay Buchholz has had solid starts back-to-back. / GETTY IMAGES

3

SPORTS



Greedy on the gridiron

NFL wants Super Bowl acts to pay

Rihanna, Katy Perry and Coldplay are the finalists to perform at halftime of Super Bowl XLIX next February, but don't expect the NFL to beg for their services. In fact, according to *The Wall Street Journal*, the NFL will ask certain musical acts to contribute a "portion of their tour income" to the league if they want to perform live at the biggest sporting event of the year in North America.



Visit **Metro.us** to view our rankings of the top fantasy football quarterbacks.

MLB power rankings | by Ryan Hannable

No. 1

Angels
(73-50)

For the first time since the beginning of the season, we have a new team on top. Winners of five of six, the Angels are now in sole possession of first place in the AL West. Mike Trout has 27 homers and 87 RBIs to date.

No. 2

Athletics
(73-51)

Oakland's offense has scored three runs or less in seven of its last eight games. The A's play the Angels this weekend.

No. 3

Orioles
(71-52)

Baltimore saved its best baseball for the second half and has now opened up a 7.5 game lead in the AL East.

No. 4

Nationals
(70-53)

Pitcher Tanner Roark has caught fire as the Nationals have won in six of his last seven starts.

No. 5

Brewers
(70-55)

Milwaukee has heated up of late and has won four straight and seven of its last 10 games.

No. 6

Dodgers
(70-56)

The Dodgers' plus-50 run differential is the second best mark in the NL and they are 40-26 on the road.

No. 7

Royals
(69-55)

The Royals have already started to sell playoff tickets as they are now two games up in the AL Central.

No. 8

Mariners
(67-57)

Robinson Cano is swinging one of the best bats in the AL as his .329 average is second in the league.

No. 9

Cardinals
(67-57)

Adam Wainwright continues to dominate as his 15 wins are tied for the most in the National League.

No. 10

Tigers
(66-56)

Detroit is set to begin a seven-game road trip but the good news is that the games are against the Twins and Rays.

No. 11

Giants
(65-58)

Pitching has led San Francisco this season and its rotation is led by Madison Bumgarner and his 3.14 ERA.

No. 12

Braves
(65-60)

Even with having won four games in a row, the Braves are still six games back of the red-hot Nationals.

No. 13

Blue Jays
(64-61)

Things are going downhill quickly for the Jays, who have lost seven of their last 10 games.

No. 14

Pirates
(64-61)

All signs pointed to the Pirates making a postseason run, but they have now lost six straight games.

No. 15

Yankees
(63-59)

Joe Girardi deserves some votes for Manager of the Year as New York is just three games out of a wild card spot.

No. 16

Indians
(62-61)

Cleveland has shown flashes of being a contender, but then it goes into funks where it can't do anything right.

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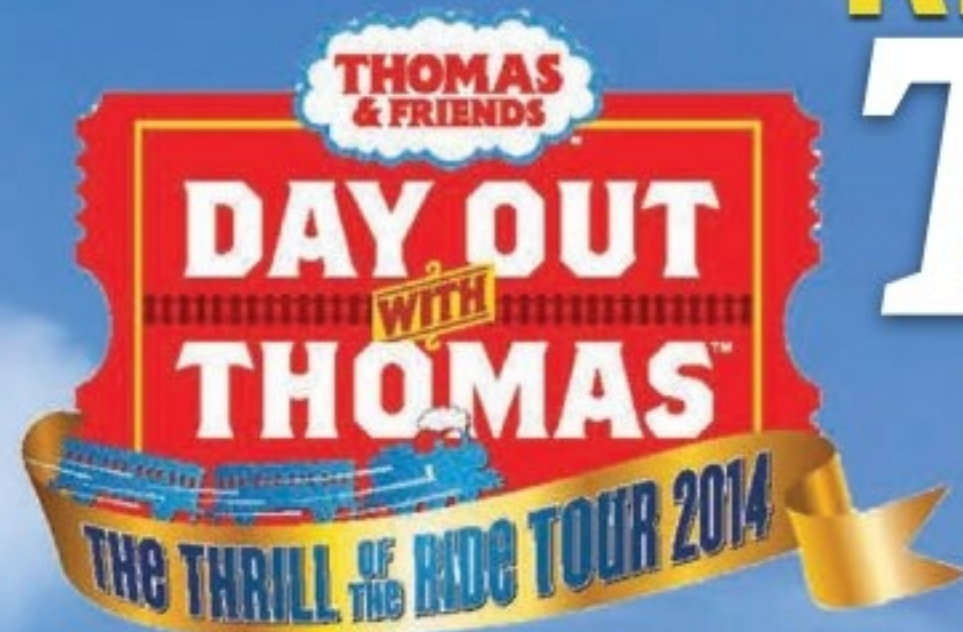
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